

Methuselah Centre Pte Ltd

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3 Nov 2015 To Whom it May Concern

Dear Sir/Mdm

MY EXPERIENCE WITH ESWT FOR CHRONIC PELVIC PAIN

I am a 56 yr old female with biopsy proven Interstitiasl Cystitis of the Bladder in constant & agonizing pain & dysuria since 2010. I have been treated continuously with Elmiron sulphate, Clarinase antihistamines, Baclofen, Arcoxia, antibiotics for frequent & episodic Urinary Tract Infections & underwent several times Botox Type A injections into the bladder for both the pain & severe Overactive Bladder causing Urge Incontinence which all made life intolerable & difficult for me to work.

Releif came when I was advised a trial with low intensity shock wave Therapy by Prof Dr med Peter Lim. Immediately after the first session of Shock Wave Therapy I already experienced an improvement which continued to improve with each & subsequent Shock Wave Therapy Session. Although there is no 100% disappearance of Pain , I am now able to cope with daily demands of work & life to the extent that I now strongly believe the Shock Wave Treatment can provide for the person with Interstitial Cystitiscaused chronic Bladder & Pelvic Pain & strongly recommend it to fellow sufferers.

My advice to patients- When all else seems lost & no respite is in sight, try Shock Wave Therapy, you most certainly will not regret it!

Yours sincerely,

Christina Ling Siew Cheng (Patient diagnosed with with IC)

^{*} This testimonial performed off-label